

These maps are presented by the
CMH Employee Wellness Steering Committee.

Do you have suggestions or feedback for us?

We'd love to hear it: EWSC@cmhc.org

*The mission of the EWSC is to create and sustain a culture of health and
wellness that empowers CMHC employees and their families.*



207-647-6166

10 Hospital Drive, Bridgton, ME 04009
www.bridgtonhospital.org



Outdoor Walking Paths

at Bridgton Hospital



Walking Path #1 - 1646 feet(.31 miles) ●

Start at Bridgton Hospital Drive, head towards BHPH, take right at fork in road onto parking lot past OB GYN Building, left onto service road to South High Street, left back onto Hospital Drive to starting point.

Walking Path #2 - 1710 feet (.32 miles) ●

Start at back entrance of BH on sidewalk behind cafeteria, take left on sidewalk around BH, at end of sidewalk go straight to end of parking lot, take left towards Hospital Drive, take left on Hospital Drive toward BHPG. At fork in road take left, heading back to back entrance of BH hospital, starting point.

